**Thank you for your interest in running the   
‘Press On – Building resilience and mental wellbeing’ online course.**

Here are the steps to complete to register your group:

1. Fill in details of your church or organisation below
2. Fill in the names and email addresses of the people attending your course
3. Save this document with your church/organisation name added at the end   
   (e.g. PressOngroupregistration\_yourchurch.docx)
4. Email it to [mentalhealthinstitute@mac.edu.au](mailto:mentalhealthinstitute@mac.edu.au) ***at least 5 business days (1 week) prior to start date.***
5. We will register the people to the online learning platform and we will soon be in touch give you a code to purchase the online course at a discount.

|  |  |
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| Church/Organisation details |  |
| Your name |  |
| Your email |  |
| Name of church/organisation |  |
| Phone |  |
| Location |  |
| Date you would like to begin the course |  |

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| Participant details | | | |
| Number | **First names** | **Last Name/s** | **Email** |
| Example | John | Doe | john@mail.com |
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***If you have more than 21 people, please click in the last cell and press ‘TAB’ to add another row.***